

# YOUTH PROGRAMS

## CATV TEEN WORKSHOPS & MOVIE NIGHT

Learn basic video production skills, interviewing techniques, and other essentials for producing your own program! Includes CATV's movie night showing classics, independent films, documentaries and foreign films. *Please note that this is a CATV sponsored program.*

**DATES:** Wednesdays, September 16 - November 18

**TIMES:** 5-7 p.m. **LOCATION:** AVA Gallery, Lebanon

**COST:** Free! **TO REGISTER:** Call CATV, (603)678-4570

**FOR MORE INFO:** [www.catv8.org](http://www.catv8.org)

## LET'S GO ICE FISHING!

(#37701A) For youth ages 10 to adult, a great activity to enjoy during our long winter months. New Hampshire Fish and Game's program teaches the basics of ice fishing, and finishes with an exciting field trip where you can put your new skills to the test! Two days of hands-on classroom lessons, one day of fishing.

### DATES, LOCATIONS & TIMES:

Classroom - Jan. 19, 26, Lebanon Opera House, 5:30 - 7:30 p.m.

Field Trip - Sat. Jan 30, A local fishing spot - Noon - 4:00 p.m.

**FREE:** FREE! **INSTRUCTORS:** NH Fish and Game Staff

**MINIMUM:** 5 **MAXIMUM:** None

## ROMP AND STOMP

For children ages 2-4. Join us for a mixture of movement exploration, finger play, music activities, parachute games and more! A great opportunity for group interaction and socialization. Parent participation helps children enjoy this fun-filled activity period! Participants may register for both Fall and Winter sessions at the same time. *Space is limited so please register early!*

### FALL DAYS/DATES:

Thursdays, September 10 - October 29

### TIMES:

Ages 2-3 (#17100A) - 9:00 - 9:30 a.m.

Ages 2-4 (#17100B) - 9:45 - 10:15 a.m.

Ages 2-4 (#17100C) - 10:30 - 11:00 a.m.

Ages 2-4 (#17100D) - 11:15 - 11:45 a.m.

### WINTER DAYS/DATES:

Thursdays, January 7 - March 4\*

\*No class on February 18th.

### TIMES:

Ages 2-3 (#27102A) - 9:00 - 9:30 a.m.

Ages 2-4 (#27102B) - 9:45 - 10:15 a.m.

Ages 2-4 (#27102C) - 10:30 - 11:00 a.m.

Ages 2-4 (#27102D) - 11:15 - 11:45 a.m.

**LOCATION:** Upper Valley Senior Center

**COST:** \$30 - Residents \$45 - Non-residents

**INSTRUCTOR:** Dori Willeman, Early Childhood Educator

**MINIMUM:** 5/class **MAXIMUM:** 12/class

**REGISTRATION:** Resident registration is ongoing.

Non-resident registration begins 9/4.



## ARTS AND CRAFTS

For youth in Grades K-4.



### HALLOWEEN SPOOKTACULAR!

(#12202A) Let's make some spooky crafts together! We'll create spiders and masks and a haunted gingerbread house to be displayed and eaten at the City's Halloween Fun Fest!

**DATES:** Thursdays, October 1 - October 29

**TIMES:** 3:15 - 4:45 p.m.

**FEES:** \$25 - Residents \$35 - Non-residents

**LOCATION:** Hanover Street School art room

**INSTRUCTOR:** Christie Scott, local artist

**MINIMUM:** 5/class **MAXIMUM:** 12/class

### DECORATING THANKSGIVING!

(#12201A) We'll make paper garlands, turkey centerpieces and Pilgrim door wreaths to decorate your home for Thanksgiving!

**DATES:** Wednesdays, October 28 - November 18

**TIMES:** 3:15 - 4:45 p.m.

**FEES:** \$25 - Residents \$35 - Non-residents

**LOCATION:** Hanover Street School art room

**INSTRUCTOR:** Christie Scott, local artist

**MINIMUM:** 5/class **MAXIMUM:** 12/class

## YOUTH OPEN GYM

A time for children Junior High age and under, along with their families, to drop in and shoot hoop, play some kickball or whatever sounds fun! FREE!!

**DATES:** Saturdays, 11/7 - 2/13 **TIMES:** 2-4 p.m.

**LOCATION:** Seminary Hill School gym

**SUPERVISORS:** Our team of volunteer parents

\*Please check your child in with program supervisor.

## PARENT OF THE YEAR ESSAY CONTEST!!

**WHAT TO DO:** Using 100 words or less, brag about your parents' strongest qualities and your funny memories of them. Submit your essay to the Recreation & Parks office.

**ENTRY DEADLINE:** Friday, December 18

**AGE CATEGORIES:** Grades 1-2, 3-4, and 5-6

\*Winners treat their parents to dinner at Lebanon Village Pizza, compliments of Lebanon Recreation and Parks.

## Upper Valley Hockey Association

**FYI!!** Offering local youths the opportunity to play beginner and competitive hockey. Emphasis is placed on skill development, fun, team and game play. Openings at most levels for both boys and girls. Visit [www.uvha.org](http://www.uvha.org) for more information! *Please note that this is UVHA sponsored program.*

# SPECIAL EVENTS



## FULL MOON FIESTA!

(#25700A) Get active outdoors this winter and join us at our 4th Annual progressive dinner. The whole family can travel by snowshoe, ski or sled around a snowy hilltop course lit with tiki torches and small bonfires to guide you. Local sponsoring restaurants will offer light food & hot beverages as you wind your way through a starlit

winter wonderland! All proceeds benefit Camp Kaleidoscope Scholarship Fund and the Lebanon Outing Club. *Please Note! This is an "eco-friendly" event - please help us reduce waste by bringing your own mug, spoon & bowl!*

**DAY/DATE:** Saturday, March 6 **TIME:** 6:00 - 8:00 p.m.

**LOCATION:** Tomapo Farm on Storrs Hill Road

**FEE:** \$6/per person, ages 5 and under free

**TO REGISTER:** [www.CampFireDining.com](http://www.CampFireDining.com) or contact the Lebanon Recreation and Parks Department

## GIRLS SPORTS FEST

Join us to celebrate National Association for Girls and Women in Sport Day! Try out sports stations led by LHS & Dartmouth College athletes. Learn about injury prevention and sports nutrition information from local experts. Free snacks and end of day giveaways! **DAY/DATE:** Saturday, February 6th

**TIMES:** 9:30 a.m. - On site registration begins  
10:15 a.m. - 1:15 p.m. - Main event

**LOCATION:** Witherell Center

## MANCHESTER MONARCHS PARKS AND REC NIGHT

New Hampshire's own Manchester Monarchs Ice Hockey team plays the Hershey Bears at Verizon Wireless Arena. Special pricing for this night includes a chuck-a-puck for all participants! Tickets on sale at Lebanon Recreation & Parks. Transportation is not included.

**DATE:** Saturday, November 7

**TIME:** 7:00 p.m. game time

**LOCATION:** Verizon Wireless Arena, Manchester, NH

**FEE:** Youth (12 and under) - \$11 Adults - \$13



## HALLOWEEN FUN FEST

Join us for an evening of Halloween celebration activities around Colburn Park! Stories in the Great Pumpkin Patch, hayrides around the Green, pumpkin painting and photos with your favorite storybook characters! Enjoy special Halloween treats at our Tailgate Treat Party!

**DATE:** Saturday, October 31

**TIMES:** 4:00 - 6:00 p.m.

**LOCATION:** Colburn Park and Lebanon City Hall

## HOLIDAY CELEBRATION

This annual celebration of the holiday season includes crafts, hay wagon rides, refreshments, an a capella holiday concert with local choral groups and jolly Old St. Nick himself! Join in the fun! Special tree lighting ceremony at dusk!

**DATE:** Saturday, December 5

**TIMES:** 2:00 - 5:00 p.m.

**LOCATION:** Colburn Park and Lebanon City Hall

## NFL PASS, PUNT & KICK COMPETITION

Free! Sponsored by the Masonic Lodge of Lebanon. Open to boys & girls, 8-15. Top finishers from each of eight groups will advance to Sectional competition.

**DATE:** September 19

**TIME:** Register, 9 a.m.; Competition, 10 a.m.

**LOCATION:** Lebanon High School

**FOR MORE INFO AND TO REGISTER:**

Log on to [www.nflyouthfootball.com](http://www.nflyouthfootball.com) or call (603)381-1887 or (603)727-8578.

## WINTER FARMERS' MARKET

Please join us for the Lebanon Winter Farmers' Market! Support our local vendors and enjoy a wonderful selection of winter produce and agricultural products, prepared foods, crafts and more!

Live music and craft demonstrations!

**Location:** Lebanon United Methodist Church

**Times:** 10:00 a.m. - 1:00 p.m.

**Market Dates:** 3rd Saturday each month, Nov-April

Check us out at: [www.lebanonfarmersmarket.org](http://www.lebanonfarmersmarket.org)



## SHAMROCK SHUFFLE 5K RUN and 1 Mile Fun Run

**SATURDAY, MARCH 20, 2010**

The Shuffle continues! Proceeds benefit summer camp scholarship funds for children right here in the Upper Valley. Check out our website,

[www.shamrock5K.com](http://www.shamrock5K.com), or call 448-5121 for more information.





51 North Park Street • Lebanon, New Hampshire 03766

Phone: (603) 448-5121 • Fax: (603) 448-1496

E-Mail: recreation@lebcity.com • Web: www.lebcity.com/recreation

## GENERAL REGISTRATION FORM

PARTICIPANT NAME: \_\_\_\_\_ MALE / FEMALE: \_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

HOUSEHOLD E-MAIL (For program info and cancellation notices): \_\_\_\_\_

SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_

\*In accordance with the Americans with Disabilities Act, please describe any special accommodations needed for you or your child to participate in the program(s) for which you are registering.

\_\_\_\_\_  
\_\_\_\_\_

### PRIMARY GUARDIAN

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE ZIP: \_\_\_\_\_

PHONE: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_  
(Cell) \_\_\_\_\_

### SECONDARY GUARDIAN

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE ZIP: \_\_\_\_\_

PHONE: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_  
(Cell) \_\_\_\_\_

EMERGENCY CONTACT (used only in the event a parent cannot be reached)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

MEDICAL INSURANCE COVERAGE:  Family insurance  24 Hour school insurance

**PLEASE INDICATE BELOW THE PROGRAM(S) YOU ARE REGISTERING FOR:** Be sure to include the code number.

PROGRAM NAME	PROGRAM CODE	PROGRAM FEE
_____	_____	_____
_____	_____	_____

**\*Checks, cash, Visa, Mastercard, Discover accepted for payment. Please make checks payable to City of Lebanon.**

Please check if you would be willing to help with any of the following:

- coaching  officiating  sponsoring a team  gym monitor  
 helping with practices  keeping score / time  driving for away games

### PARENTAL PERMISSION FOR CHILDREN UNDER 18 YEARS OF AGE:

The undersigned, being the parent and/or legal guardian of \_\_\_\_\_, gives permission to him/her to participate in the above named program(s). I agree that no claim will be made by the undersigned on behalf of my child for personal injuries or other losses sustained by my child as a result of my child's participation in this program(s) and that in the event any claim is made for injuries or damages sustained by my child as a result of my child's participation in this program(s), I shall hold the City harmless from, and indemnify it against, any such claim including reasonable attorney fees incurred by the City and its employees in connection therewith whether or not such claims result in litigation. In the event of an emergency requiring medical attention, I authorize that necessary medical attention be given to my child by a qualified physician in the event I cannot be reached.

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

### ADULT REGISTRATION:

I release, absolve, indemnify and hold harmless the Lebanon Recreation & Parks Department staff, and the City of Lebanon, in the event of injury while participating in the above named program(s).

Adult signature \_\_\_\_\_ Date \_\_\_\_\_

### PERMISSION FOR PHOTOGRAPHS/VIDEO:

From time to time, Valley News and other photographers attend Recreation & Parks Department activities and take photos or videos of program participants for publication. Participants permit the taking of photographs and video of themselves and their children during activities for publication and use for promotional purposes, unless otherwise stated.